

DATE	TIME	DESCRIPTION	LOCATION
Wed, Jan 23	6:30 p.m.	Parent Ed/Family Enrichment Meeting: Feeding Children Healthfully (Without Being Overly Restrictive)	Library
Fri, Jan 25		Student Council elections	
Mon, Jan 28	7:45 a.m. - 8:30 a.m.	Safety Team meeting	
Fri, Feb 1		Deadline to complete <a href="#">Community Survey</a>	
Tues, Feb 5		No School - Lunar New Year holiday	
Sat, Feb 9	9 a.m. - 1 p.m.	Community Meeting	Library

STOP, DROP, AND GO			
Jan 22 - Jan 25	Ms. Towsley	Room 301	<a href="#">Sign up online</a>
Jan 28 - Feb 1	Mr. Nadell	Room 303	<a href="#">Sign up online</a>

**SCHOOL/COMMUNITY NEWS**

**Parent Ed/Family Enrichment - Wed, Jan 23 at 6:30 p.m.**

Please join us for the first Parent Ed/Family Enrichment meeting of 2019. **Topic: Feeding Children Healthfully (Without Being Overly Restrictive).**

Good nutrition doesn't come easy in today's world, when parents are working and kids are bombarded with conflicting messages about junk food and dieting. Learn which strategies have been proven to steer children toward healthier choices and positive body image, and which approaches may backfire.

Andrea Garber, PhD, RD is Professor of Pediatrics at UCSF (and an Argonne parent). Her research and clinical work focus on feeding and eating disorders in children and adolescents. Parking on the school yard, childcare, and dinner will be provided!

**Argonne Community Survey**

Our [Argonne Community Survey](#) has been open for over a week now. Thank you to many families for all of your great survey responses thus far. We look forward to hearing from as many families as possible. Our Argonne Community Survey is now available in three languages:

- English:** <https://goo.gl/forms/mqnp5nuiAvuQtgZI1>
- Chinese:** <https://goo.gl/forms/6iXDM1OPTMGLxRJl2>
- Russian:** <https://goo.gl/forms/0LrgiZUeuweJl6Sb2>

As a reminder, this survey will help shape our discussions at our **Community Meeting on Saturday, February 9**, which will provide input into our planning for the 2019-2020 school year. This survey should take less than 10 minutes to complete online. If you need a paper copy, please ask at the Argonne office. All survey participants

will be eligible to win one of four \$50 Visa gift cards. In order to be entered into the raffle, use the link provided after the final question.

We look forward to your responses by **Friday, February 1**. We will try to provide preliminary results of the survey at our Community Meeting on Saturday, February 9 from 9am-1pm. **Please let us know if you have any questions or concerns by emailing us at [argonneptocothers@gmail.com](mailto:argonneptocothers@gmail.com)**. We look forward to hearing from many of you!

Thank you, Ms. Catingub (Principal) and Kalyani Bulfer & Jakub (Kuba) Mosur (PTO Co-Chairs)

### **Help Us Get Funding for Argonne and All SF Public Schools**

On January 31st, San Francisco's Budget committee will be deciding how to spend \$181 million in surplus funding. This money was raised from property taxes to fund SF's public schools. Mayor Breed and the Supervisors have publicly expressed a desire to use that money to fund other projects. Concerned parents and SFUSD are asking that at least \$60 million be set aside for SF's public schools. Argonne's district supervisor, Sandra Lee Fewer, is showing some support, but at a level that is much lower than \$60M. Please join us for a rally at City Hall on **January 29th from 4-6 pm**. Supervisor Fewer is president of the budget committee, so having people from our district express support for the schools is critical. We would love to see hundreds of parents and kids with signs, demanding that schools don't get shortchanged. <http://bit.ly/sfedurally>

**If you have questions, please contact Gretchen Anderson at [ghooversf@gmail.com](mailto:ghooversf@gmail.com).**

### **Green Argonne**

Argonne's green spaces need your help. With Gardener Tom leaving mid-year and other transitions on the Green Argonne steering committee, we have an urgent need for more volunteers to join our team. I'm including some more information below about the roles we need to fill on the Steering Committee. If you have any questions at all, **please contact Amy (Green Argonne coordinator) at [mo@oxhouse.org](mailto:mo@oxhouse.org)**.

- **COORDINATOR:** responsible for overall committee and volunteer coordination, including scheduling meetings and community gardening days; leads back-to-school night outreach; attends PTO meetings, particularly budget meetings in the spring [we need someone to transition into this role over the next year]
- **TREASURER:** responsible for managing the Green Argonne budget (provided by the PTO) and reporting to the steering committee
- **STEWARDSHIP LEAD:** responsible for working with garden educator to foster students' sense of ownership and good stewardship practices; may create garden pledge and lead stewardship projects at community gardening days
- **COMMUNITY EVENTS LEAD:** responsible for community gardening day logistics and for organizing other community events as appropriate
- **GRANT WRITER:** responsible for researching and applying for grants

### **All students K-12 are invited to enter the 7th Annual Ezra Jack Keats Bookmaking Competition**

Students write, illustrate and design their own original stories *fiction or nonfiction*. Submissions are due to the School Librarian by **Friday, February 15, 2019**, for school level judging. More information can be found here: <https://www.thecjm.org/programs/26>.

**Must include all completed forms and permissions**

**(Please see Inna Levine in the library for informational packet or download [here](#))**

- All work must be ORIGINAL and student created
- Books must be handmade and handbound (no staples or prebound books)
- Books must be made as part of ongoing instruction - teacher or librarian directed
- Emphasis on illustrated stories
- Text may be typed or handwritten
- All art media acceptable
- Book must be no larger than 15" x 18"

**Newsletter Submissions:** Email news to [newsletter@argonnesf.org](mailto:newsletter@argonnesf.org) with the Subject: "Newsletter"  
Place text in the email, not as attachment. Deadline for next newsletter submissions: Every Friday at 4:00 p.m.  
Submissions received after the deadline will be included in the following week's newsletter.

日期	時間	活動	地點
1/23 三	6:30 p.m.	家長教育講座/家庭同聚：有營養 (防止營養過剩)	圖書館
1/25 五		學生會選舉	
1/28 一	7:45 a.m. - 8:30 a.m.	安全團隊會議	
2/1 五		填寫 <a href="#">學校調查表</a> 填寫截止	
2/3 二		慶祝中國農曆新年-學校放假	
2/9 六	9 a.m. - 1 p.m.	學校會議	圖書館

停, 放, 走服務計劃			
1/ 22 - 1/ 25	Towsley 老師	301 課室	<a href="#">網上報名</a>
1/ 28 - 2/ 1	Nadell 老師	303 課室	<a href="#">網上報名</a>

## 學校/社區消息

一月二十三日, 星期三-晚上6: 30 -家長教育講座/家庭同聚

請加入我們2019年第一次的家長教育講座/家庭聚會。主題: 有營養孩子 (防止營養過剩)。

今天的世界要想有好的營養並不簡單, 當家長們忙碌地工作, 孩子們被關於垃圾食品和節食的相互矛盾的信息轟炸。了解一些已經被證明可以引導孩子獲得更健康的體格和更健康的形象的方法, 以及哪些方法可能適得其反。

兒科醫學博士, 三藩市州立大學兒科學教授Andrea Garber, (雅幹家長)。她的研究和臨床工作側重於兒童和青少年的營養和飲食失調。

學校操場開放于泊車, 提供晚餐!

### 雅幹學校調查表

我們[學校調查表](#)已經在網上公佈了一周了。感謝許多的家長給我們非常好的反饋。我們希望可以聽到更多家庭的意見。學校調查表有以下三種語言:

英文: <https://goo.gl/forms/mqnp5nuiAvuQtgZl1>

中文: <https://goo.gl/forms/6iXDM1OPtMGLxRJI2>

俄文: <https://goo.gl/forms/0LrgiZUeuweJI6Sb2>

請在二月一日, 星期五前完成匿名的填寫。您所提供的資料對學校非常有幫助。將用以幫助員工和家長教師委員會評估雅幹的課程, 更好地了解我們的特長, 確認需要改進的方面。這個調查表將綜合大家的意見并在二月

九日，星期六的學校會議中進行討論。并投放到2019-2020學年的教學計劃中。這包括學校預算的分配交給三藩市聯合校區，五月將對家長教師委員會的預算進行選舉。

我們希望在二月一日，星期五得到您的回應。我們將嘗試在二月九日，星期六，早上九點-一點的學校會議中提供調查表的初步結果。

詢問或提議請發電子郵件至：[argonneptocoairs@gmail.com](mailto:argonneptocoairs@gmail.com)。我們希望聽到您的聲音！

感謝，

Catingub女士 (校長) 和Kalyani Bulfer還有 Jakub (Kuba) Mosur (家長教師委員會委員)

## 幫助雅幹和所有的三藩市公立學校獲取資金

幫助我們為雅幹和所有三藩市公立學校獲得資金。一月三十一日，三藩市預算委員會將決定如何支出1.81億美元的盈餘資金。這筆錢是從財產稅中提取的，用於資助三藩市的公立學校。Breed市長和校監公開表示希望用這筆資金資助其他項目。有關父母和三藩市聯合公校要求為三藩市的公立學校留出至少6000萬美元。雅幹的區主管Sandra Lee Fewer正在尋求一些支持，但其水平遠低於6000萬美元。請於一月二十九日下午4-6點在市政廳參加集會。Lesswer是預算委員會的主席，所以讓我們區的人員表達對學校的支持是至關重要的。我們希望看到數以百計的父母和孩子有跡象，要求學校不要被忽視。

<http://bit.ly/sfederally>

詢問，請聯絡，[Gretchen Anderson ghoooversf@gmail.com](mailto:Gretchen Anderson ghoooversf@gmail.com)。

## 雅幹綠化

雅幹的綠化帶需要您的幫助。園丁Tom 老師在學期中離開雅幹綠化團隊。我們緊急需要大量的志願者參與我們團隊的工作。以下是一些關於綠化團隊的職務詳情，需要人員參與其中。詢問，請聯絡 [Amy \(雅幹綠化組織者\)](mailto:Amy@oxhouse.org) [mo@oxhouse.org](mailto:Amy@oxhouse.org)。

- 組織者：負責整體委員會和志願者協調，包括安排會議和學校園藝日；帶領回校夜展覽；參加家長教師委員會會議，特別是春季的預算會議[明年，我們需要有人過渡到這個角色。]
- 財務：負責管理雅幹園藝日的預算（由家長教師委員會提供）並向指導委員會報告。
- 管家領導：負責與園藝老師合作，培養學生的主人翁意識和良好的管理實踐；可以在學校園藝日創建花園規則和領導管理項目
- 社區活動領導：負責學校園藝日物流和適當組織其他學校活動
- 申請資金策劃：負責研究和申請補助金

## 所有的幼稚園-12年級學生被邀請參加第七屆Ezra Jack Keats 圖書製作競賽

學生們進行寫作，說明和設計他們自己的原創故事小說或非小說。請在二零一九年二月十五日，星期五前提交作品給學校圖書管理員，以便進行學校評審。詳情請點擊：<https://www.thecjm.org/programs/26>。

**必須完成所有的表格和同意書 all completed forms and permissions**  
(請向圖書管理員 [Inna Levine](mailto:Inna Levine) 詢問詳情或者在此[下載](#))

- 所有的工作；原創必須由學生完成和創作
- 圖書必須是手工製作和硬皮的（不使用訂書釘和預先出版的書籍）
- 書籍必須作為持續教學的一部分 - 教師或圖書管理員指導
- 強調插圖故事
- 文本可以是打字的或手寫的

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Place text in the email, not as attachment. Deadline for next newsletter submissions: Every Friday at 4:00 p.m.  
Submissions received after the deadline will be included in the following week's newsletter.

- 所有藝術媒體均可接受
- 書必須不大於15"x 18"

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